



FEBRUARY 2018

LUNCH MENU – Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Nuggets California Blend Carrots w/ Lowfat Dip Whole Wheat Dinner Roll Canned Fruit Fresh Fruit Milk	2 Taco Salad Salsa/Beans Tomato and Cucumbers Tortilla Chips Double Chocolate Bar Fresh Fruit Fruit Juice Milk
5 Turkey and Cheese on Whole Grain Bread Carrots w/ Lowfat Dip Baked Beans Applesauce Fresh Fruit Milk	6 Pizza Celery w/ Lowfat Dip or Peanut Butter Cooked Cauliflower Fresh Fruit Fruit Juice Milk	7 Beef Stew Carrots/Broccoli w/ Lowfat Dip Cornbread Diced Pineapple Fresh Fruit Milk	8 Hoagie Mixed Vegetables Baked Fries Fresh Fruit Fruit Juice Milk	9 Chicken à la King over Whole Grain Biscuit Cooked Carrots Romaine Salad w/ Lowfat Dressing Canned Fruit Fresh Fruit Milk
12 Cheeseburger on Whole Wheat Bun Carrots w/ Lowfat Dip Baked Fries Graham Crackers Fresh Fruit Fruit Juice Milk	13 Baked Chicken Baked Beans Celery w/ Lowfat Dip or Peanut Butter Diced Strawberries Whole Wheat Dinner Roll Milk	14 Grilled Cheese on Whole Grain Bread Tomato Soup Romaine Salad w/ Lowfat Dressing Carrots w/ Lowfat Dip Applesauce Fresh Fruit Milk	15 Lasagna Green Beans Celery w/ Lowfat Dip or Peanut Butter Whole Grain Garlic Bread Fresh Fruit Canned Fruit Milk	16 Cheese Calzone Steamed Broccoli Carrots w/ Lowfat Dip Fresh Fruit Fruit Juice Whole Grain Goldfish Crackers Milk

<p style="text-align: right;">19</p> <p>Hot Dog Baked Beans Celery w/ Lowfat Dip or Peanut Butter Fresh Fruit Fruit Juice Graham Crackers Milk</p>	<p style="text-align: right;">20</p> <p>Popcorn Chicken Steamed Broccoli Carrots w/ Lowfat Dip Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk</p>	<p style="text-align: right;">21</p> <p>BBQ Chicken Breast Cooked Cauliflower Celery w/ Lowfat Dip or Peanut Butter Whole Wheat Dinner Roll Canned Fruit Craisins Milk</p>	<p style="text-align: right;">22</p> <p>Grilled Chicken Patty on Whole Wheat Bun w/ Tomato, Lettuce Baked Fries Baby Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Milk</p>	<p style="text-align: right;">23</p> <p>Cheese Pizza Romaine Salad w/ Lowfat Dressing Mixed Vegetables Fresh Fruit Fruit Juice Milk</p>
<p style="text-align: right;">26</p> <p>Chicken Tenders Sweet Potato Fries Steamed Broccoli Whole Wheat Dinner Roll Grapes Canned Fruit Milk</p>	<p style="text-align: right;">27</p> <p>Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Whole Wheat Dinner Roll Canned Fruit Craisins Milk</p>	<p style="text-align: right;">28</p> <p>Sloppy Joe on Whole Wheat Bun Baked Beans Winter Blend Animal Crackers Fresh Fruit Fruit Juice Milk</p>	<p style="text-align: right;">Mar 1</p> <p>Chicken and Noodles Mixed Vegetables Celery w/ Lowfat Dip or Peanut Butter Whole Wheat Dinner Roll Canned Fruit Craisins Milk</p>	<p style="text-align: right;">Mar 2</p> <p>Mini Cheese Ravioli w/ Sauce Carrots w/ Lowfat Dip Cooked Cauliflower Whole Grain Breadstick w/ Cheese Fresh Fruit Fruit Juice Milk</p>

"This institution is an equal opportunity employer and provider."