






2018

LUNCH MENU – Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School</p> <p>1</p> 	<p>2</p> <p>Pizza Celery w/ Lowfat Dip Cooked Cauliflower Canned Fruit Fresh Fruit Milk</p>	<p>3</p> <p>Hoagie Carrots w/ Lowfat Dip Japanese Blend Applesauce Craisins Milk</p>	<p>4</p> <p>Beef Teriyaki Nuggets Baked Beans Broccoli w/ Lowfat Dip Diced Pineapple Fruit Juice Whole Wheat Dinner Roll Milk</p>	<p>5</p> <p>Turkey or Chicken Pot Pie Cooked Carrots Romaine Salad w/ Lowfat Dressing Fresh Fruit Canned Fruit Whole Grain Bread Milk</p>
<p>8</p> <p>Chicken Nuggets Steamed Broccoli Sweet Potato Fries Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk</p>	<p>9</p> <p>Spaghetti Cooked Cauliflower Celery w/ Lowfat Dip Grapes Fruit Juice Whole Grain Breadstick w/ Cheese Milk</p>	<p>10</p> <p>Chicken Fajita Wrap w/ Lettuce, Tomato, Beans, Cheese Baby Carrots w/ Lowfat Dip Whole Wheat Sugar Cookie Canned Fruit Fresh Fruit Milk</p>	<p>11</p> <p>Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Fresh Fruit Craisins Whole Wheat Dinner Roll Milk</p>	<p>12</p> <p>Breaded Chicken Patty on Whole Wheat Bun w/ Tomato Romaine Salad w/ Lowfat Dressing Baby Carrots Canned Fruit Fresh Fruit Graham Crackers Milk</p>
<p>No School</p> <p>15</p> 	<p>No School – CE Day</p> <p>16</p> 	<p>17</p> <p>Chicken Tenders Broccoli w/ Cheese Sauce Carrots w/ Lowfat Dip Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk</p>	<p>18</p> <p>Taco Surprise Salsa/Beans Tomato and Cucumbers Tortilla Chips Animal Crackers Fresh Fruit Craisins Milk</p>	<p>19</p> <p>Open Face Turkey Sandwich Mashed Potatoes w/ Gravy Green Beans Canned Fruit Fresh Fruit Milk</p>

<p style="text-align: right;">22</p> <p>Baked Chicken Green Beans Baked Fries Diced Strawberries Juice Whole Wheat Dinner Roll Milk</p>	<p style="text-align: right;">23</p> <p>Corndogs Carrots w/ Lowfat Dip Cooked Cauliflower Whole Grain Bread Canned Fruit Craisins Milk</p>	<p style="text-align: right;">24</p> <p>Chicken Alfredo Steamed Broccoli Celery w/ Lowfat Dip or Peanut Butter Fresh Fruit Canned Fruit Whole Grain Breadstick Milk</p>	<p style="text-align: right;">25</p> <p>Beef Vegetable Soup Toasted Cheese on Whole Wheat Bread Romaine Salad w/ Lowfat Dressing Carrots Applesauce Fresh Fruit Milk</p>	<p style="text-align: right;">26</p> <p>BBQ Drummies Baked Beans California Blend Fresh Fruit Canned Fruit Whole Wheat Dinner Roll Milk</p>
<p style="text-align: right;">29</p> <p>Grilled Chicken Patty Baby Carrots w/ Lowfat Dip Lettuce and Tomato Canned Fruit Craisins Graham Crackers Milk</p>	<p style="text-align: right;">30</p> <p>Macaroni and Cheese Steamed Broccoli Cucumbers/Tomatoes Yogurt Apple Canned Fruit Whole Wheat Dinner Roll Milk</p>	<p style="text-align: right;">31</p> <p>Hot Dog on Bun Baked Fries Green Beans Grapes Fruit Juice Graham Crackers Milk</p>	<p style="text-align: right;">Feb 1</p> <p>Chicken Nuggets California Blend Carrots w/ Lowfat Dip Whole Wheat Dinner Roll Canned Fruit Fresh Fruit Milk</p>	<p style="text-align: right;">Feb 2</p> <p>Taco Salad Salsa/Beans Tomato and Cucumbers Tortilla Chips Double Chocolate Bar Fresh Fruit Fruit Juice Milk</p>

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