





2021

LUNCH MENU – Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
				¹ No School – New Year's Day 
⁴ Turkey and Cheese on Whole Grain Bread Lettuce and Tomato Steamed Broccoli Applesauce Milk	⁵ Breaded Drumstick Baked Beans Carrots w/ Lowfat Dip Diced Strawberries Whole Wheat Dinner Roll Milk	⁶ Meals Delivered	⁷ Grilled Cheese on Whole Grain Bread Tomato Soup Romaine Salad w/ Lowfat Dressing Celery w/ Lowfat Dip or Peanut Butter Grapes Milk	⁸ Pizza Mixed Vegetables Carrots w/ Lowfat Dip Fresh Fruit Whole Grain Cookie Milk
¹¹ Chicken Tenders Steamed Broccoli Carrots w/ Lowfat Dip Canned Fruit Whole Wheat Dinner Roll Milk	¹² Sloppy Joe on Whole Wheat Bun Mixed Vegetables Sweet Potato Fries Fresh Fruit Milk	¹³ Meals Delivered	¹⁴ BBQ Chicken Breast Cooked Cauliflower Celery w/ Lowfat Dip or Peanut Butter Whole Wheat Dinner Roll Canned Fruit Milk	¹⁵ Hot Dog Baked Fries Baked Buns Diced Pineapple Graham Crackers Milk

<p>No School – MLK Day</p> 	<p>18</p> <p>Pizza Carrots w/ Lowfat Dip Steamed Cauliflower Canned Fruit Goldfish Graham Crackers Milk</p> <p>19</p>	<p>Meals Delivered</p> <p>20</p>	<p>Pork BBQ Patty on Whole Grain Bun Baked Beans Mixed Vegetables Diced Strawberries Graham Crackers Milk</p> <p>21</p>	<p>Turkey or Chicken Pot Pie Cooked Carrots Romaine Salad w/ Lowfat Dressing Baby Carrots Canned Fruit Whole Grain Roll Milk</p> <p>22</p>
<p>Mini Cheese Ravioli Salad Blend w/ Lowfat Dressing Steamed Broccoli Fresh Fruit Bread Stick w/ Cheese Whole Grain Cookie Milk</p> <p>25</p>	<p>Chicken Fajita Wrap w/ Lettuce, Tomato, Beans, Cheese Baby Carrots w/ Lowfat Dip Graham Crackers Canned Fruit Milk</p> <p>26</p>	<p>Meals Delivered</p> <p>27</p>	<p>Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Fresh Fruit Whole Wheat Dinner Roll Milk</p> <p>28</p>	<p>Breaded Chicken Patty on Whole Grain Bun w/ Lettuce, Tomato Romaine Salad w/ Lowfat Dressing Baby Carrots Canned Fruit Goldfish Crackers Milk</p> <p>29</p>

"This institution is an equal opportunity employer and provider."