



MARCH 2018

LUNCH MENU – Grab N’ Go - Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hot Ham and Cheese Lettuce and Tomato Celery w/ Lowfat Dip Canned Fruit Fruit Juice Milk	2 Pizza Broccoli Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Milk
5 Calzone Salad w/ Lowfat Dressing Carrots Canned Fruit Fruit Juice Milk	6 Chicken Nuggets Celery w/ Lowfat Dip Baked Fries Whole Wheat Dinner Roll Fresh Fruit Canned Fruit Milk	7 Soft Tacos w/ Lettuce, Tomato, Cheese Salsa/Beans Applesauce Butterscotch Bar Fruit Juice Milk	8 Breaded Chicken Patty w/ Lettuce and Tomato Broccoli w/ Lowfat Dip Baked Doritos Fresh Fruit Canned Fruit Milk	9 Pizza Carrots w/ Lowfat Dip Celery Fresh Fruit Canned Fruit Milk
12 Hot Dog Baked Fries Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Vanilla or Chocolate Grahams Milk	13 Pizza Cauliflower Celery w/ Lowfat Dip Canned Fruit Fruit Juice Milk	14 Mini Corn Dogs Baby Carrots w/ Lowfat Dip Baked Beans Fresh Fruit Canned Fruit Whole Grain Bread Milk	15 Pork BBQ on Whole Wheat Bun Cauliflower/Broccoli w/ Lowfat Dip Baked Chips or Pretzels Fresh Fruit Canned Fruit Milk	16 Grilled Chicken Patty w/ Lettuce, Tomato Carrots w/ Lowfat Dip Craisins Fruit Juice Graham Crackers Milk

<p style="text-align: right;">19</p> <p>BBQ Chicken Drummies Carrots/Cauliflower w/ Lowfat Dip Fresh Fruit Canned Fruit Whole Wheat Dinner Roll Milk</p>	<p style="text-align: right;">20</p> <p>Cheeseburger Baked Beans Lettuce/Tomato Canned Fruit Fruit Juice Graham Crackers Milk</p>	<p style="text-align: right;">21</p> <p>Breaded Drumstick Mixed Vegetables Carrots w/ Lowfat Dip Whole Wheat Dinner Roll Fresh Fruit Canned Fruit Milk</p>	<p style="text-align: right;">22</p> <p>Popcorn Chicken Sweet Potato Fries Celery w/ Lowfat Dip Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk</p>	<p style="text-align: right;">23</p> <p>Burrito Broccoli/Carrots w/ Lowfat Dip Canned Fruit Fresh Fruit Baked Chips Milk</p>
<p style="text-align: right;">26</p> <p>Grilled Cheese Fresh Broccoli Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Yogurt Vanilla or Chocolate Grahams Milk</p>	<p style="text-align: right;">27</p> <p>Pizza Cauliflower Celery w/ Lowfat Dip Canned Fruit Fresh Fruit Milk</p>	<p style="text-align: right;">28</p> <p>Chicken Tenders Carrots w/Lowfat Dip Baked Fries Fresh Fruit Fruit Juice Whole Grain Rolls Milk</p>	<p style="text-align: right;">29</p> <p>Calzone Carrots/Celery w/ Lowfat Dip Whole Grain Pretzels or Chips Fresh Fruit Fruit Juice Milk</p>	<p style="text-align: right;">30</p> <p>No School – Easter Break</p>

"This institution is an equal opportunity employer and provider."