



MARCH 2018

LUNCH MENU – Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken and Noodles Mixed Vegetables Celery w/ Lowfat Dip or PB Whole Wheat Dinner Roll Canned Fruit Craisins Milk	2 Mini Cheese Ravioli w/ Sauce Carrots w/ Lowfat Dip Whole Grain Breadstick w/ Cheese Fresh Fruit Fruit Juice Milk
5 Corn Dogs Baked Fries Carrots w/ Lowfat Dip Whole Wheat Bread Grapes Fruit Juice Milk	6 Chicken Alfredo Mixed Vegetables Celery w/ Lowfat Dip or PB Mandarin Oranges Craisins Whole Wheat Breadstick w/ Cheese Milk	7 Taco Surprise Tortilla Chips/Salsa/Beans Tomatoes and Cucumbers Chocolate or Butterscotch Bar Fresh Fruit Fruit Juice Milk	8 Breaded Chicken Patty on Whole Wheat Bun Steamed Broccoli Celery w/ Lowfat Dip or PB Canned/Fresh Fruit Graham Crackers Milk	9 Cheese Calzone w/ Sauce Cooked Carrots Romaine Salad w/ Lowfat Dressing Fresh Fruit Canned Fruit Milk
12 Chicken Nuggets Mixed Vegetables Sweet Potato Fries Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk	13 Spaghetti w/ Meat Sauce Cooked Cauliflower Carrots w/ Lowfat Dip Grapes/Fruit Juice Whole Grain Breadstick w/ Cheese Milk	14 Chicken Fajita Salad w/ Chips, Lettuce, Tomato, Beans, Cheese Celery w/ Lowfat Dip or PB Whole Wheat Sugar Cookie Canned Fruit/Fresh Fruit Milk	15 Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Fresh Fruit Craisins Whole Wheat Dinner Roll Milk	16 Macaroni and Cheese Steamed Broccoli Carrots w/ Lowfat Dip Yogurt/Apple Canned Fruit Whole Wheat Dinner Roll Milk

<p>19</p> <p>Baked Chicken Cooked Carrots Baked Beans Diced Strawberries Juice Whole Wheat Dinner Roll Milk</p>	<p>20</p> <p>Chicken or Turkey Pot Pie Steamed Broccoli Celery w/ Lowfat Dip Fresh Fruit Canned Fruit Whole Grain Bread Milk</p>	<p>21</p> <p>Hot Dog on Whole Wheat Bun Carrots w/ Lowfat Dip Cooked Cauliflower Canned Fruit Fresh Fruit Graham Crackers Milk</p>	<p>22</p> <p>Open Face Turkey Sandwich Mashed Potatoes w/ Gravy Green Beans Canned Fruit Fresh Fruit Milk</p>	<p>23</p> <p>Tomato Soup w/ Crackers Toasted Cheese on Whole Wheat Romaine Salad w/ Lowfat Dressing Carrots Applesauce Fresh Fruit Milk</p>
<p>26</p> <p>Sub of Choice Green Beans Baked Fries Fresh Fruit Fruit Juice Milk</p>	<p>27</p> <p>Grilled Chicken Patty Baby Carrots w/ Lowfat Dip Lettuce and Tomato Canned Fruit Craisins Whole Grain Goldfish Crackers Milk</p>	<p>28</p> <p>Sloppy Joe on Whole Wheat Bun Sweet Potato Fries Celery w/ Lowfat Dip Fresh Fruit Fruit Juice Graham Crackers Milk</p>	<p>29</p> <p>Pizza Romaine Salad w/ Lowfat Dressing Baby Carrots Canned Fruit Fresh Fruit Milk</p>	<p>30</p> <p>No School – Easter Break</p>

"This institution is an equal opportunity employer and provider."