


MAY 2019

LUNCH MENU – Grab N’ Go - Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Calzone Romaine Salad w/ Lowfat Dressing Celery w/ Lowfat Dip Fresh Fruit/Craisins Whole Wheat Sugar Cookie Milk	2 Chicken Fajita Wrap w/ Lettuce, Tomato, Cheese Salsa/Beans Applesauce Fresh Fruit Butterscotch Bar Milk	3 Grilled Chicken Patty on Bun w/ Baked Fries Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Graham Crackers Milk
6 No School Professional Learning Day	7 Hot Ham and Cheese w/ Lettuce and Tomato Celery w/ Lowfat Dip or Peanut Butter Canned Fruit Craisins Milk	8 Breaded Chicken Patty on Whole Wheat Bun Baked Beans Lettuce/Tomato/Cauliflower w/ Lowfat Dip Fresh/Canned Fruit Graham Crackers Milk	9 Beef Teriyaki Nuggets Baked Fries Fresh Cauliflower w/ Lowfat Dip Canned Fruit Fruit Juice Whole Wheat Dinner Roll Milk	10 Cheese Steak Sub Broccoli w/ Lowfat Dip Baby Carrots Fruit Juice Canned Fruit Milk
13 Mini Corn Dog Broccoli/Carrots w/ Lowfat Dip Graham Crackers Canned Fruit Craisins Milk	14 Chicken Nuggets Celery w/ Lowfat Dip Baked Fries Whole Wheat Bread Fresh Fruit Canned Fruit Milk	15 Pizza Carrots/Broccoli w/ Lowfat Dip Canned Fruit Fresh Fruit Milk	16 Popcorn Chicken Baked Beans Celery w/ Lowfat Dip or Peanut Butter Canned/Fresh Fruit Whole Wheat Dinner Roll Milk	17 Grilled Cheese on Whole Grain Bread Yogurt Carrots/Celery w/ Lowfat Dip Canned Fruit Fruit Juice Milk

<p>20</p> <p>Chicken Tenders Baked Beans Carrots w/ Lowfat Dip Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk</p>	<p>21</p> <p>Cheeseburger Mixed Vegetables Lettuce/Tomato Graham Crackers Fresh Fruit Craisins Milk</p>	<p>22</p> <p>Pizza Celery w/ Lowfat Dip or Peanut Butter Mixed Vegetables Fresh Fruit Canned Fruit Milk</p>	<p>23</p> <p>Breaded Chicken Patty on Whole Wheat Bun Baked Doritos Broccoli/Cauliflower w/ Lowfat Dip Fresh/Canned Fruit Milk</p>	<p>24</p> <p>Hot Dog Baked Fries Carrots w/ Lowfat Dip Fresh Fruit Fruit Juice Vanilla or Chocolate Grahams Milk</p>
<p>27</p> <p>No School – Memorial Day</p> 	<p>28</p> <p>Cook's Choice</p>	<p>29</p> <p>Cook's Choice</p>	<p>30</p> <p>Cook's Choice</p>	<p>31</p> <p>Cook's Choice</p>

"This institution is an equal opportunity employer and provider."