






# November 2018

## BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 "Toad in a Hole" or Scrambled Egg w/ W/W Toast Craisins Milk	2 Whole Grain Muffin Whole Grain Cereal Fresh Fruit Milk
5 Whole Grain Toast Yogurt Fresh Fruit Milk	6  No School	7 Whole Grain Pancakes w/ Syrup Canned Frit Milk	8 Sausage Gravy over Whole Grain Biscuit Fresh Fruit Milk	9 Whole Grain Toast Sticks Syrup Cup Canned Fruit Milk
12  No School	13 Breakfast Wrap or Sandwich Whole Grain Cereal Canned Fruit Milk	14 Whole Grain Mini Waffles w/ Syrup Fresh Fruit Milk	15 Whole Grain Cinnamon Roll Whole Grain Cereal Canned Fruit Milk	16 Breakfast Pizza Fresh Fruit Milk
19 No School – Thanksgiving Break	20 No School – Thanksgiving Break	21 No School – Thanksgiving Break	22  No School	23 No School – Thanksgiving Break

<p style="text-align: right;">26</p> <p>Whole Grain Mini Pancakes or French Toast</p> <p>Syrup Cup</p> <p>Canned Fruit</p> <p>Milk</p>	<p style="text-align: right;">27</p> <p>Whole Grain Tart or Donut</p> <p>Whole Grain Cereal</p> <p>Fresh Fruit</p> <p>Milk</p>	<p style="text-align: right;">28</p> <p>Breakfast Pizza</p> <p>Canned Fruit</p> <p>Milk</p>	<p style="text-align: right;">29</p> <p>Whole Grain Biscuit</p> <p>Sausage Patty</p> <p>Craisins</p> <p>Milk</p>	<p style="text-align: right;">30</p> <p>Apple or Cherry Frudel</p> <p>Whole Grain Cereal</p> <p>Canned Fruit</p> <p>Milk</p>
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"This institution is an equal opportunity employer and provider."