





November 2018

LUNCH MENU – Grab N’ Go – Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breaded Chicken Patty on Whole Wheat Bun Baked Fries Broccoli/Cauliflower w/ Lowfat Dip Fresh Fruit Canned Fruit Milk	2 Popcorn Chicken Sweet Potato Fries Celery w/ Lowfat Dip Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk
5 Cheeseburger Baked Beans Lettuce/Tomato Canned Fruit Fruit Juice Graham Crackers Milk	6  No School – Election Day	7 Chicken Nuggets Celery w/ Lowfat Dip Baked Fries Whole Wheat Dinner Roll Fresh Fruit Canned Fruit Milk	8 Breaded Chicken Patty w/ Lettuce and Tomato Broccoli w/ Lowfat Dip Baked Doritos Fresh Fruit Canned Fruit Milk	9 Pizza Carrots w/ Lowfat Dip Celery Fresh Fruit Canned Fruit Milk

<p style="text-align: right;">12</p>  <p>No School – Veterans Day</p>	<p style="text-align: right;">13</p> <p>Hot Dog Baked Fries Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Vanilla or Chocolate Grahams Milk</p>	<p style="text-align: right;">14</p> <p>Mini Corn Dogs Baby Carrots w/ Lowfat Dip Baked Beans Fresh Fruit Canned Fruit Whole Grain Bread Milk</p>	<p style="text-align: right;">15</p> <p>Hot Turkey Mashed Potatoes w/ Gravy Green Beans Whole Wheat Dinner Roll Fresh Fruit Fruit Juice Homemade Dessert Milk</p>	<p style="text-align: right;">16</p> <p>Grilled Chicken Patty w/ Lettuce and Tomato Celery w/ Lowfat Dip or Peanut Butter Craisins Canned Fruit Graham Crackers Milk</p>
<p style="text-align: right;">19</p> <p>No School – Thanksgiving Break</p>	<p style="text-align: right;">20</p> <p>No School – Thanksgiving Break</p>	<p style="text-align: right;">21</p> <p>No School – Thanksgiving Break</p>	<p style="text-align: right;">22</p>  <p>No School – Thanksgiving Day</p>	<p style="text-align: right;">23</p> <p>No School – Thanksgiving Break</p>
<p style="text-align: right;">26</p> <p>Grilled Cheese Yogurt Fresh Broccoli Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Vanilla or Chocolate Grahams Milk</p>	<p style="text-align: right;">27</p> <p>Pizza Cauliflower Celery w/ Lowfat Dip Canned Fruit Fresh Fruit Milk</p>	<p style="text-align: right;">28</p> <p>Cheese Steak Hoagie w/ Lettuce, Tomato, Cheese Baked Fries Carrots w/ Lowfat Dip Fresh Fruit Fruit Juice Milk</p>	<p style="text-align: right;">29</p> <p>Chicken Fajita Wrap Lettuce/Tomato/Cheese Salsa/Beans/Tortilla Chips Broccoli w/ Lowfat Dip Fresh Fruit Canned Fruit Milk</p>	<p style="text-align: right;">30</p> <p>Chicken Tenders Carrots w/ Lowfat Dip Celery Canned Fruit Fruit Juice Whole Grain Bread Milk</p>

"This institution is an equal opportunity employer and provider."