



October 2018

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Taco Whole Grain Cereal Craisins Milk	2 Breakfast Oatmeal Round Fresh Fruit Milk	3 Whole Grain Biscuit Sausage Patty Canned Fruit Milk	4 Whole Grain Toast Yogurt Fresh Fruit Milk	5 Whole Grain Mini Pancakes w/ Syrup Canned Fruit Milk
8 Cream Cheese Filled Bagel Whole Grain Cereal Fresh Fruit Milk	9 Toad in a Hole or Scrambled Eggs Whole Wheat Toast Craisins Milk	10 Whole Grain Mini Waffles Syrup Cup Canned Fruit Milk	11 Sausage Gravy over Whole Grain Biscuit Fresh Fruit Milk	12 Whole Grain French Toast Sticks Syrup Cup Canned Fruit Milk
15 NO SCHOOL PROFESSIONAL LEARNING DAY	16 Breakfast Pizza Canned Fruit Milk	17 Whole Grain Donuts Whole Grain Cereal Fresh Fruit Milk	18 Whole Grain Cinnamon Roll Whole Grain Cereal Canned Fruit Milk	19 Whole Grain Toast Yogurt Fresh Fruit Milk
22 Whole Grain Bagel Cream Cheese/Jelly Canned Fruit Milk	23 Breakfast Bar Whole Grain Cereal Fresh Fruit Milk	24 Apple Turnover Whole Grain Cereal Canned Fruit Milk	25 Whole Grain Mini French Toast w/ Syrup Fresh Fruit Milk	26 Whole Grain Biscuit Sausage Patty Craisins Milk

<p style="text-align: right;">29</p> <p>Whole Grain Pancakes w/ Syrup</p> <p>Fresh Fruit</p> <p>Milk</p>	<p style="text-align: right;">30</p> <p>Whole Grain Pop Tart</p> <p>Whole Grain Cereal</p> <p>Canned Fruit</p> <p>Milk</p>	<p style="text-align: right;">31</p> <p>Whole Grain Donut w/ Orange Icing</p> <p>Whole Grain Cereal</p> <p>Fresh Fruit</p> <p>Milk</p>	<p style="text-align: right;">Nov. 1</p> <p>Toad in a Hole or Scrambled Egg w/ Whole Wheat Toast</p> <p>Craisins</p> <p>Milk</p>	<p style="text-align: right;">2</p> <p>Whole Grain Muffin</p> <p>Whole Grain Cereal</p> <p>Fresh Fruit</p> <p>Milk</p>
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"This institution is an equal opportunity employer and provider."