



September 2018

LUNCH MENU – Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL LABOR DAY 3	Chicken Nuggets Celery w/ Lowfat Dip Baked Fries Whole Wheat Dinner Roll Fresh Fruit Canned Fruit Milk 4	Soft Taco w/ Lettuce, Tomato, Cheese Salsa/Beans Applesauce Butterscotch Bar Fruit Juice Milk 5	Breaded Chicken Patty w/ Lettuce and Tomato Broccoli w/ Lowfat Dip Baked Doritos Fresh Fruit Canned Fruit Milk 6	Pizza Carrots w/ Lowfat Dip Celery Fresh Fruit Canned Fruit Milk 7
Hot Dog Baked Fries Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Vanilla or Chocolate Grahams Milk 10	Pizza Cauliflower Celery w/ Lowfat Dip Canned Fruit Fruit Juice Milk 11	Mini Corn Dogs Baby Carrots w/ Lowfat Dip Baked Beans Fresh Fruit Canned Fruit Whole Grain Bread Milk 12	Pork BBQ on Whole Wheat Cauliflower/Broccoli w/ Lowfat Dip Baked Chips or Pretzels Fresh Fruit Canned Fruit Milk 13	Grilled Chicken Patty w/ Lettuce and Tomato Celery w/ Lowfat Dip or Peanut Butter Craisins Fruit Juice Graham Crackers Milk 14
NO SCHOOL PROFESSIONAL LEARNING DAY 17	Cheeseburger Baked Beans Lettuce/Tomato Canned Fruit Fresh Fruit 18	Breaded Drumstick Mixed Vegetables Carrots w/ Lowfat Dip Whole Wheat Dinner Roll Fresh Fruit 19	Popcorn Chicken Sweet Potato Fries Celery w/ Lowfat Dip Canned Fruit Fresh Fruit 20	Burrito Broccoli/Carrots w/ Lowfat Dip Canned Fruit Fresh Fruit Milk 21

	Graham Crackers Milk	Canned Fruit Milk	Whole Wheat Diner Roll Milk	
<p style="text-align: right;">24</p> <p>Grilled Cheese Yogurt Fresh Broccoli Carrots w/ Lowfat Dip Fresh Fruit Canned Fruit Vanilla or Chocolate Grahams Milk</p>	<p style="text-align: right;">25</p> <p>Pizza Cauliflower Celery w/ Lowfat Dip Canned Fruit Fresh Fruit Milk</p>	<p style="text-align: right;">26</p> <p>Cheese Steak Hoagie w/ Lettuce, Tomato, Cheese Baked Fries Carrots w/ Lowfat Dip Fresh Fruit Fruit Juice Milk</p>	<p style="text-align: right;">27</p> <p>Chicken Fajita Wrap Lettuce/Tomato/Cheese Salsa and Beans Tortilla Chips Broccoli w/ Lowfat Dip Fresh Fruit Canned Fruit Milk</p>	<p style="text-align: right;">28</p> <p>Chicken Tenders Carrots w/ Lowfat Dip Celery Canned Fruit Fruit Juice Whole Grain Bread Milk</p>

"This institution is an equal opportunity employer and provider."