



September 2018

LUNCH MENU – Grades 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NO SCHOOL LABOR DAY</p> <p style="text-align: right;">3</p>	<p>Pizza Celery w/ Lowfat Dip Cooked Cauliflower Canned Fruit Fresh Fruit Milk</p> <p style="text-align: right;">4</p>	<p>Taco Surprise Salsa/Beans Tomato and Cucumbers Tortilla Chips Animal Crackers Fresh Fruit Fruit Juice Milk</p> <p style="text-align: right;">5</p>	<p>Chicken Tenders Baked Fries Broccoli w/ Lowfat Dip Whole Wheat Dinner Roll Diced Pineapple Fresh Fruit Milk</p> <p style="text-align: right;">6</p>	<p>Turkey or Chicken Pot Pie Cooked Carrots Romaine Salad w/ Lowfat Dressing Whole Grain Bread Fresh Fruit Canned Fruit Milk</p> <p style="text-align: right;">7</p>
<p>Chicken Nuggets Steamed Broccoli Sweet Potato Fries Canned Fruit Fresh Fruit Whole Wheat Dinner Roll Milk</p> <p style="text-align: right;">10</p>	<p>Lasagna Cooked Cauliflower Celery w/ Lowfat Dip Grapes Fruit Juice Whole Grain Breadstick w/ Cheese Milk</p> <p style="text-align: right;">11</p>	<p>Chicken Fajita Wrap w/ Lettuce, Tomato, Beans, Cheese Baby Carrots w/ Lowfat Dip Whole Wheat Sugar Cookie Canned Fruit Fresh Fruit Milk</p> <p style="text-align: right;">12</p>	<p>Salisbury Steak Mashed Potatoes w/ Gravy Green Beans Fresh Fruit Craisins Whole Wheat Dinner Roll Milk</p> <p style="text-align: right;">13</p>	<p>Breaded Chicken Patty on Whole Wheat Bun w/ Tomato Romaine Salad w/ Lowfat Dressing Baby Carrots Canned Fruit Fresh Fruit Graham Crackers Milk</p> <p style="text-align: right;">14</p>
<p>NO SCHOOL PROFESSIONAL LEARNING DAY</p> <p style="text-align: right;">17</p>	<p>Corndogs Carrots w/ Lowfat Dip Baked Beans Whole Grain Bread Fresh Fruit Craisins Milk</p> <p style="text-align: right;">18</p>	<p>Open Face Turkey Sandwich Mashed Potatoes w/ Gravy Green Beans Canned Fruit Fresh Fruit Milk</p> <p style="text-align: right;">19</p>	<p>Beef Vegetable Soup Toasted Cheese on Whole Wheat Romaine Salad w/ Lowfat Dressing Celery Applesauce Fresh Fruit Milk</p> <p style="text-align: right;">20</p>	<p>Pizza Carrots w/ Lowfat Dip Steamed Broccoli Fresh Fruit Canned Fruit Milk</p> <p style="text-align: right;">21</p>

<p style="text-align: right;">24</p> <p>Meatball Sub Green Beans Baked Fries Fresh Fruit Fruit Juice Milk</p>	<p style="text-align: right;">25</p> <p>Macaroni and Cheese Steamed Broccoli Cucumbers and Tomatoes Yogurt Apple Canned Fruit Whole Wheat Dinner Roll Milk</p>	<p style="text-align: right;">26</p> <p>Grilled Chicken Patty Baby Carrots w/ Lowfat Dip Lettuce and Tomtato Canned Fruit Fresh Fruit Graham Crackers Milk</p>	<p style="text-align: right;">27</p> <p>Mini Cheese Ravioli w/ Sauce Romaine Salad w/ Lowfat Dressing Celery Fresh Fruit Fruit Juice Whole Grain Breadstick w/ Cheese Milk</p>	<p style="text-align: right;">28</p> <p>Hot Dog Sweet Potato Fries Baked Beans Canned Fruit Fresh Fruit Graham Crackers Milk</p>
--	---	---	---	---

“This institution is an equal opportunity employer and provider.”